





# UNDEAD AHEAD

TOM HIDDLESTON'S LATEST FILM IS ABOUT LOVE. TIME. ACCEPTANCE, CREATIVITY ... AND VAMPIRES PAGE 13





INTERESTED IN A BLOOD POPSICLE? USE METRO AR TO SEE MORE



Three-year-old Daine Reid cosies up next to a truck — with tires larger than the toddler — at Edmonton's Motor Show, Sunday. The show, held all weekend, saw big numbers of attendees come through Northlands Expo Centre. LEAH GERMAIN/METRO

# **Council winners** spent more cash in 2013 races

# Financial disclosure.

More money involved in last year's election campaign than in 2010



RYAN TUMILTY

Running successfully for city council cost candidates about \$20,000 more in the 2013 election than it did in 2010.

While there is a wide range of campaign dollars spent, councillors who won their seat spent an average of \$72,725 in 2013, while in 2010 the average was \$52,225.

Breaking down the figures: Two councillors spent more than \$100,000 on their race in 2013, Coun. Michael

Walters and Coun. Scott Mc-Keen, according to expense reports.

Two more, Coun. Dave Loken and Coun. Ed Gibbons, spent more than \$90,000, and another three, Coun. Michael Oshry, Coun. Amarjeet Sohi and Coun. Tony Caterina broke the \$80,000 barrier. By contrast, three years ago only Sohi spent more than \$70,000, with his 2010 campaign coming in at \$116,000.

Coun. Andrew Knack, who spent \$43,143 on his campaign, said he is concerned about the growing costs and what it's going to do to potential challengers.

"Realistically, it's going to push people out of being able to run who might have good ideas and the ability to contribute positively," he said.

Walters had the highest spending of anyone who won their seat at \$106,000, but was outspent by one of his opponents, Hafis Devji, who had \$165,000 in expenses. Walters said he didn't expect to spend that much, but the race was competitive.

"We didn't take any of our opponents for granted," he

Walters said much of his money was spent on volunteer appreciation events and he aimed to make sure his campaign didn't draw heavily from any one group.

David Dodge, who lost his race in Ward 3 by 500 votes, said he favours spending limits, but at the same time doesn't feel the three-to-one financial advantage was a big contributor.

"I didn't have a fat campaign, but I did a lot of the things I wanted to do to get my message out.'



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# U of A. Two fires spark push for personal safety

Two minor fires in University of Alberta laboratories have prompted the administration to gear up efforts to encourage safety as a top priority for students and teachers alike.

"There were a couple of incidents that happened in late 2013," said Rob Munro, director of environment, health and safety. "They were energetic chemical reactions, so basically some fires that occurred."

Munro said while the two fires were both small in nature, the university is taking a look at existing safety policies.

"Every time there is an incident, you always want to take a look to make sure if there is something to learn from it," he explained.

According to Munro, university officials noticed an insufficient use of personal protective equipment, like safety glasses and lab coats.

"We are going to be doing a really big push in the laboratories to make sure all personal protective equipment is used," he said.

With hopes to improve that culture in the labs, the emphasis on proper personal safety protection will also improve the mindset that people are going into a more hazardous environment, Munro added.

"It's one of those things you start taking for granted and you forget to put them on. It's like using your seat belt," he said.

With no specific budget, the university will be pushing communication efforts to get the message out there. LEAH GERMAIN/METRO



# Galleria project seeking out \$25M

# Land purchase.

Council to consider relocating school board building



RYAN TUMILTY ryan.tumilty@metronews.ca

Edmonton councillors will face another funding request for the proposed Galleria project this week, as the foundation looks for \$25 million to purchase land.

The money councillors will consider Tuesday would go toward relocating an Edmonton Public School Board maintenance facility on the project site

Last month, councillors were asked to help foot the bill for a pedway connection from Churchill Station to the new facility, which would cost the city as much as \$25 million, with \$9.7 million coming in the next two years.

The project depends on the University of Alberta relocating several faculties and signing a long-term lease. The provincial government would have to sign off on that relocation, but has so far been non-committal.

Coun. Andrew Knack said he is concerned that the city is the only one with skin in the game.

"We're not in a rush to make a decision, so I want

### At a glance

The Galleria project proposed four new theatres, as well as an office tower and glass-covered public square just north of City Hall, near the new Royal Alberta Museum.

 The city's \$50-million commitment could come from the community revitalization levy that is connected to the downtown arena project.

to see if the other parties are committed," he said.

Coun. Michael Walters said he has some hesitation, but he thinks the land pur-

chase could be a good opportunity for the city regardless of the Galleria project.

"In the long run, it's probably not a bad thing for us to own that piece of land, considering the vision for downtown," he said.

Godfrey Huybregts, a spokesperson for the Galleria foundation, said there is still work to be done, but they're hoping for council's approval Tuesday so the project can move ahead.

"Obviously things have to fall in place before we can do detailed design and actually put shovels in the ground, but it's more important that the pieces come together," he said. "We can't move forward without council's approval."

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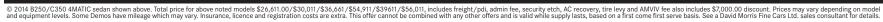
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Edmonton police have

Chambers, 23, was found in a truck parked on the side of the road near 188 Street and 47 Avenue in 2008 after they received a call about shots being

The victim had been fatally wounded and died as a result of gunshot

Joshua Dylan Petrin has been charged with seconddegree murder. metro

# Maskwacis

# Mounties breathe life into woman in their custody

Maskwacis RCMP had to revive a 42-year-old woman Friday after she was found unresponsive in police

The woman was arrested Friday following a public disturbance complaint and taken to a local RCMP detachment.

During the night, the female was found unconscious and authorities performed CPR on her until emergency personnel arrived. The woman was revived and taken to an area hospital. metro

# British Columbia

# Kitimat says 'no' to pipeline

The ballot count from Saturday's vote was 1,793

polling stations and an advance vote all showed a clear majority for the "No"

wanted. It's a democratic process," Kitimat Mayor Joanne Monaghan said in a statement issued after the vote Saturday night.

charged a 31-year-old man in the 2008 fatal shooting of Mitchell Chambers.

fired in the area.

The residents of Kitimat, B.C., have voted against the proposed Northern Gateway pipeline project in a non-binding plebiscite.

opposeď versus 1,278 who supported the multi-billiondollar project — a margin of 58.4 per cent to 41.6 per

The results from two

"The people have spoken. That's what we

THE CANADIAN PRESS



# **Prairie newcomers** receive top-notch maternal care: Study

# What to expect when you're expecting.

**NEWS** 

U of A research reveals 'good piece of news' — immigrant women have few barriers to accessing services



Newcomers to the Prairie provinces are having no trouble accessing maternal health care, researchers at the University of Alberta have found.

The School of Public Health's Zubia Mumtaz studied research on maternal care in countries like the United Kingdom, New Zealand and Germany.

She said she expected to see societal and cultural barriers restricting newcomers to Alberta from access to local health care after and while pregnant.

- Data for the research was taken from the Canadian Maternity Experiences Survey, which considered the difference in accessing and undergoing prenatal care between immigrants and Canadian-born women in the Prairies.
- Research found that newcomers accessed prenatal care as early as they wanted 87.7 per cent of the time, which was 0.2 per cent higher than their Canadian-born counterpoints.

"We started off this research expecting immigrant women would have difficulty accessing maternity services in the Prairie provinces," explained Mumtaz, noting language barriers and difficulty navigating the system are two of the major concerns.

Yet research showed immigrant women were actually having a fairly easy time accessing the system and delivering their babies.

metronews.ca Monday, April 14, 2014

"This was a piece of good news," Mumtaz said. "Immigrant women are likely to have as many prenatal visits as Canadian women are, and they were as likely to deliver in a facility.

"All the things are work-

ing."
While the research proved positive, Mumtaz noted there was one major distinction - immigrant women were receiving a higher rate of C-sections and assisted births than Canadian-born women.

Mumtaz said translators and staff training for cultural competency have helped support health-care service in the Prairies.

"There is always a concern with the policymakers and the health-care providers that we are providing services to everyone that lives in our jurisdictions,"



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# Ukraine to launch action against pro-Russian forces

# **Army involvement.**

'We're not going to allow Russia to repeat the Crimean scenario,' president says

Ukraine is launching a "large-scale anti-terrorist operation" to resist attacks of armed pro-Russian forces, Ukraine's President Oleksandr Turchynov said on Sunday in a televised address.

The authorities in Kyiv will use the army in order to prevent Russian forces from moving in, as they did in Crimea, Turchynov said, pledging amnesty to anyone laying down arms by Monday morning.

"The Security Council has made a decision to begin a large-scale anti-terrorist operation with participation of army forces," he said. "We're

# Emergency meeting

The UN Security Council called an emergency meeting at Russia's request Sunday evening to discuss the growing crisis in Ukraine.

not going to allow Russia to repeat the Crimean scenario in Ukraine's east."

Ukrainian special forces exchanged gunfire with a pro-Russia militia in an eastern city Sunday morning, with at least one security officer killed and five others wounded. It was the first reported gun battle in eastern Ukraine, where armed pro-Russia men have seized a number of government buildings in recent days.

Speaking late Sunday on Russian state television, ousted president Viktor Yanukovych accused the CIA of being



behind the new government's decision to turn to force, a claim the CIA denied as "completely false." Unrest has spread to several municipalities in eastern Ukraine, including the major industrial city of Donetsk,

which has a large Russianspeaking population and was the support base for Yanukovych. THE ASSOCIATED PRESS

# Flight 370

# Black box batteries may be dead

Following four strong underwater signals in the past week, all has gone quiet in the hunt for the missing Malaysia Airlines jet, meaning the batteries in the plane's all-important black boxes may finally have died.

Despite having no new transmissions from the black boxes' locator beacons to go on, air and sea crews were continuing their search in the southern Indian Ocean on Sunday for debris and any sounds that may still be emanating.

No new electronic pings have been detected since Tuesday by an Australian ship dragging a U.S. Navy device that listens for flight recorder signals. Once officials are confident that no more sounds will be heard — and that they have narrowed the search area as much as possible — a robotic submersible will be sent down to slowly scour for wreckage. THE ASSOCIATED PRESS



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## Home-equity program



# **Major sues** government for relocation loss

A 24-year veteran of the Canadian military is taking the federal government to court Tuesday to recover thousands of dollars he lost on his home when he was posted to another base and got little compensation through a program that he says has caused financial hardship for dozens of members.

Maj. Marcus Brauer will be in federal court to seek a judicial review of a decision by the Treasury Board that concluded he should receive only \$15,000 for a \$88,000 loss he took on the sale of his house in Alberta when he moved to Halifax in 2007.

Brauer said the unique case is being watched closely by other members who have suffered losses on home sales when they get posted to new bases, but usually only collect a portion of those losses through a federal home-equity assistance program.

"It doesn't just impact people — it destroys them," he said in an interview.

The dispute involves the home-equity assistance program available to military members who move frequently and run the risk of taking a bath on the sale of their properties.

Compensation is supposed to be available when a member has to transfer and sells a home in a depressed housing market. But National Defence and the Treasury Board are at odds over the definition of market and community.

After being posted to Halifax, Brauer, 42, sold the house he'd bought for \$405,000 near Edmonton for \$317,000 and applied for home-equity assistance, but says he was told he would only qualify for payments up to \$15,000 rather than 100 per cent of the loss since the Treasury Board did not deem his home to be in a depressed housing market. THE CANADIAN PRESS



# River stable, but Ontario town still on alert

A man walks on a flooded road in Foxboro, Ont., just north of Belleville, on Sunday. Conservation authority officials say water flows in the Moira River, east of Toronto, have reached the same levels as major flooding in 2008, but have stabilized as Belleville residents frantically throw down sandbags and hope for fair weather. LARS HAGBERG/THE CANADIAN PRESS

# The moon will turn 'orangey-red'



# In the dead of night. Lunar eclipse to dazzle all of Canada, even within city limits

If they can stay awake, Canadians from coast to coast will get a chance to view a total lunar eclipse this week — the first of four that will occur nearly every six months.

Total lunar eclipses occur

twice a year but are not visible everywhere on Earth at the same time.

The year's first eclipse will begin just before 2 a.m. EDT on Tuesday and will offer ideal viewing for observers throughout the Western Hemisphere.

Andrew Fazekas, a spokesman for the Royal Astronomical Society of Canada, says North America hasn't seen a total lunar eclipse since 2011.

"We've actually had this cosmic dry spell that we've been under that's lasted over two and a half years now," he said in a recent interview.

Fazekas noted that North America has been out of luck while Asia and Africa have had their share of such eclipses.

'So we finally break that spell with this really beautiful total lunar eclipse where the full moon will turn an orangeyred in colour in the overnight period Monday night into Tuesday, April 14th to the 15th."

THE CANADIAN PRESS

# Flaherty. State funeral info released

Jim Flaherty's state funeral is being held at Toronto's St. James' Cathedral on Wednes-

Canadian Heritage is inviting Canadians to pay their respects to the former finance minister who died suddenly in his Ottawa condo last

Visitation will occur at the

Abilities Centre at 55 Gordon Street in Whitby, Ont., on Tuesday from 12:30 p.m. to 4 p.m. and from 6:30 p.m. to 8

Flaherty's funeral will be held at 3 p.m. on Wednesday at St. James' Cathedral at 65 Church St. in Toronto.

Canadian Heritage says Flaherty's family appreciates all the expressions of support and condolences and asks that, in lieu of flowers, donations be made to the Abilities

Flaherty died of a heart attack late last week, less than a month after his retirement from serving as federal finance minister since 2006. THE CANADIAN PRESS





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# Forest fire devastates Chilean port city

Valparaiso, Chile. Blaze kills at least 12, destroys 1,000 homes

A raging fire leaped from hilltop to hilltop in the Chilean port city Valparaiso throughout the night and day on Sunday, killing at least 12 people and destroying at least 1,000 homes. More than 10,000 people were evacuated, including more than 200 female inmates at a prison.

The blaze began Saturday afternoon in a forested area above ramshackle housing on one of the city's 42 hilltops, and spread quickly as hot ash rained over wooden houses and narrow streets. Electricity failed as the fire grew, with towering, sparking flames

turning the night sky orange over a darkening, destroyed horizon.

Eventually, neighbour-hoods on six hilltops were reduced to ashes, including one hill just several blocks from Chile's parliament building.

"It's a tremendous tragedy. This could be the worst fire in the city's history," President Michelle Bachelet said as firefighters contained most of the blazes, mobilizing 20 helicopters and planes to drop water.

The fire has destroyed 1,000 houses so far and authorities warned that the toll of death and damage could rise once authorities can enter the remains. Military Police Gen. Julio Pineda said 12 people were killed. More than 500 people were treated at hospitals, mostly for smoke inhalation.

HE ASSOCIATED PRESS





# Uganda. Nurse facing prison after possibly transmitting HIV

An HIV-infected Ugandan nurse, dubbed by the local press as "the killer nurse," has been accused of deliberately injecting her blood into a twoyear-old patient.

The 64-year-old medical worker, Rosemary Namubiru, was charged with attempted murder, denied bail and sent to jail in an unusual case that many there see as a horrifying example of the lax hospital standards believed to be prevalent in the East African country.

But in the course of her trial — on the revised charge of criminal negligence — the nurse is attracting sympathy and emerging as the apparent victim of rampant stigma in a country that until recently was being praised as a global leader in fighting AIDS and promoting an open attitude toward the disease.

The nurse, while attempting to give an injection to a distraught child on Jan. 7, accidentally pricked her finger with a needle, accord-

# Rate going up

Uganda's HIV rate has been rising, confounding officials who succeeded in reducing the prevalence from 18 per cent in 1992 to 6.4 per cent in 2005. Now the rate stands at 7.3 per cent.

 Officials say more married couples are getting infected, in part due to married people keeping secret lovers.

ing to AIDS-Free World, an international advocacy group. After bandaging her finger she returned to administer the injection, apparently using the contaminated needle.

If convicted, the nurse faces seven years in jail and would be the first Ugandan medical worker to be sentenced under a colonial-era law against negligent acts likely to lead to the spread of an infectious disease. THE ASSOCIATED PRESS

# Israel

# Peace talks on the brink of collapse

Israel's chief peace negotiator on Sunday accused a hard-line faction of Prime Minister Benjamin Netanyahu's coalition government of undermining her efforts, while Jewish settlers moved into a West Bank building that has been a flashpoint of violence in the past.

Netanyahu's chief negotiator, Tzipi Livni, said she was optimistic the sides would get through a crisis that has left the talks on the brink of collapse. She also accused "Jewish Home," a pro-settler party, of trying to thwart her efforts. THE ASSOCIATED PRESS

# U.S. health insurance

# Sebelius criticizes sign-up deadline

The administration's timeline for having the new health care law's online sign-up system ready "was just flat out wrong," outgoing health secretary Kathleen Sebelius said.

Sebelius defended the law's impact and said millions of Americans now have access to health care because of it. Her resignation comes a week after sign-ups for insurance coverage ended, enrolling 7.1 million people,

Obama has nominated budget director Sylvia Mathews Burwell to replace Sebelius. THE ASSOCIATED PRESS

# Seal hunt begins amid controversies

**East Coast.** The seal hunt industry is challenging a ban on seal products

The annual East Coast seal hunt starts Monday against a backdrop of ongoing trade and court challenges in Europe and renewed claims from animal welfare groups that the 400-year-old industry is dead in the water.

Rebecca Aldworth, executive director of the Canadian wing of Humane Society International, said on Sunday that only 15 boats have signalled their intention to take part in the hunt.

With the market for seal products closed in the United States, most of Europe and Russia, the commercial hunt is a shadow of what it once was, largely surviving on subsidies from the Newfoundland and Labrador government, Aldworth said. "From a market perspective, the seal hunt is very much over," she said.

However, the federal government has been steadfast in its support of the hunt, insisting it is humane, sustainable and an economically viable pursuit.

Meanwhile, the industry continues to push ahead with a court case in the European Union to overturn a ban on seal products, and the federal government is appealing a recent World Trade Organization decision to uphold the ban.

The WTO justified the restrictions in November based on "public moral concerns" for animal welfare.

THE CANADIAN PRESS



# California bus crash

# No evidence of truck on fire

Federal investigators say they haven't found any physical evidence that a FedEx truck was on fire before it slammed into a bus carrying high school students, killing 10 people in Northern California.

The bus was carrying high school students to a college campus tour. Five students, three

Five students, three adult chaperones and both drivers died in Thursday's collision in Orland, a small city about 160 kilometres north of Sacramento.

THE ASSOCIATED PRESS

# Mexico

# Bus bursts into flames; 36 dead

A passenger bus slammed into a broken-down truck and burst into flames, killing at least 36 people Sunday in southern Mexico, the Veracruz state

government reported.
State and federal officials said four people survived the crash. The State civil defence agency's emergency director, Ricardo Maza Limon, said that victims apparently burned to death inside the bus, which was badly charred.

THE ASSOCIATED PRESS

# HEARTLAND#NOKXL

# Protesting pipeline with art

A crop-art image protesting the proposed Keystone XL pipeline covers a cornfield outside of Neligh, Neb. The image, which lies on the proposed pipeline route, was created by the farmers, ranchers and Native American tribes of the Cowboy and Indian Alliance.



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metre 10 NEWS metronews.ca Monday, April 14, 2014

# Taxman back. CRA says it's fixed Heartbleed bug

The federal tax agency says its online services are up and running again after it blocked public access five days ago due to the Heartbleed bug.

The Canada Revenue Agency says the security risk has been addressed, but added it will not apply interest or penalties to individual taxpayers filing their 2013 tax returns after April 30 for a period equal to the length of the service interruption.

Revenue Minister Kerry-Lynne Findlay says that means 2013 tax returns filed by May 5 will not incur interest or penalties.

Service has also been restored to all publicly accessible Government of Canada websites, the Treasury Board said in a release.

The Heartbleed bug is caused by a flaw in OpenSSL software, which is commonly used on the Internet to provide security and privacy.

The bug has the potential to expose private data.

THE CANADIAN PRESS

# Kansas City

# Three shot dead at Jewish community, retirement centre

A man in his 70s opened fire Sunday outside of a Jewish community centre and nearby retirement community in suburban Kansas City, killing three people, authorities said.

Shots were fired behind

the Jewish Community Center of Greater Kansas City in a parking lot. One male died at the scene, another male died at a hospital. The gunman then fled and opened fire at nearby Village Shalom, killing a female, before later being arrested near an elementary school. Two other people were shot at, but the gunfire missed them.

THE ASSOCIATED PRESS

# Syria toxic gas claims Opposition-held group for the attack, saying

Opposition-held village. Both sides blame each other for alleged attack that reportedly injured scores of people

The U.S. ambassador to the United Nations said Sunday that reports of a poison gas attack Friday in a rural village north of Damascus were so far "unsubstantiated," adding that the United States was trying to establish what really happened.

Opposition groups, including the main Western-backed Syrian National Coalition, said the poison gas attack at Kfar Zeita hurt dozens of people, though it did not identify the gas used. Staterun Syrian television blamed members of the al-Qaida-

linked Nusra Front rebel group for the attack, saying they used chlorine gas to kill two people and injured more than 100. It did not say how it confirmed chlorine was used.

**U.S.** looking into new

An opposition activist said government helicopters dropped a number of barrel bombs on the village that appeared to carry the toxic gas, killing one person and choking about 100 people, many of them in their homes.

In the Syrian capital, President Bashar Assad said the conflict was shifting in the government's favour after a string of government triumphs against rebels. Assad's forces also have struck local ceasefire agreements with the opposition in a number of neighbourhoods, where weary rebels have turned over their weapons in exchange for an easing of suffocating blockades.

THE ASSOCIATED PRESS



on Saturday, according to activists. ALEPPO MEDIA CENTER/THE ASSOCIATED PRI

Quebec, who have reached 18 years of age or older. To enter, for complete contest rules, and alternate method of entry visit www.clubmetro.com



# Getting a taste of Tangerine



HOW TO ROLL Alison Griffith metronews.ca

The words love and bank don't often appear together when we talk about financial institutions. One exception is the late ING Direct because of its un-bank-like plain language, straightforward loan process and higher rates on savings accounts than the Big Five.

ING Direct, purchased in 2012 by Scotiabank, rebranded itself as Tangerine on April 8. Seriously? A fruit for a bank?

The name might not inspire confidence but the bosses of the orange-hued bank assure us that the best of ING Direct is still in place at Tangerine.

For investors, this includes one-stop-shopping portfolios for RRSPs, Tax Free Savings Accounts (TFSA) and non-regis-

### Pick your portfolio

- Balanced income is the most conservative, with 70 per cent in bonds, which are lower risk than stocks, and just 30 per cent divided among Canadian, U.S. and international stocks.
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tered accounts. Formerly called Streetwise Portfolios, they offer a simple investment solution in a world filled with thousands of mutual funds.

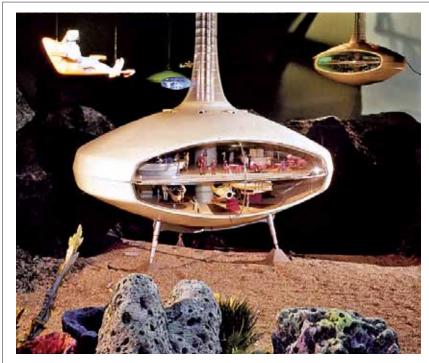
Happily, Tangerine still offers the same four basic portfolios: balanced income, balanced, balanced growth and equity growth. Pick one and you're done.

The portfolios all contain the same four investments: Canadian bonds, Canadian stocks, U.S. stocks and international stocks. The difference is the proportions.

Each of the four components in the portfolios simply copy or track an index, like the S&P/ISX 60 Index (Canada) or the S&P 500 Index (U.S.). This index investing approach has long been proven to be a superior way to invest.

A big boost to the bottom line is the fees at 1.07 per cent annually for the entire portfolio compared to around 2.25 per cent for Canadian equity mutual funds. You can invest more cheaply, but these portfolios do all the work for you.

Tangerine offers an excellent option for beginners through to seasoned investors.



# A past view of the future

This 1964 photo from the World's Fair in the Queens borough of New York shows a view of the future in the "Futurama 2" ride put together by General Motors. The millions of visitors who attended the New York World's Fair were introduced to a range of technological innovations and predictions. Some of those turned out to be right on the money (such as personal use of the computer), and others, perhaps thankfully, were way off the mark (such as colonies on the moon and under the seal. THE ASSOCIATED PRESS FILE

# **Hubb aiming to become Tinder of music industry**

Borrowing the addictive "swipe left, swipe right" interface from the wildly popular Tinder dating app, a pair of Calgary entrepreneurs believe their own startup could see the same success and turn the music industry on its head in the process.

"It can redefine the way artists use the engine that is commercial music," co-founder Nathan Hurd said of Hubb Music, which is set to launch an app for beta testing in May.

"We're really empowering the artists and fans to come together and connect," added co-founder Zack Lister. "And we're giving artists new ways to monetize their fan base, other than just playing a show or selling a song."

Similar to Tinder, Hubb



left, and Nathan Hurd.
ROBSON FLETCHER/METRO IN CALGARY

Music allows users to browse through potential musical matches, offering short previews of songs and enabling users to either dismiss or add an artist to their collection.

For fans, the app offers the

chance to quickly curate a mobile music collection, as well as a fun and intuitive way to find new music.

For artists, it offers an opportunity to make direct sales to fans who have "liked" them, including everything from merchandise to offering VIP experiences, like personal Skype conversations or private meetand-greets after shows.

It also offers artists, as businesspeople, something potentially even more valuable — aggregated demographic, geographic, and spending habit data on their target markets.

"They're going to know exactly how many fans they have in a specific location at any given moment," Hurd said.

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# LET'S GET OUR PRIORITIES STRAIGHT

The decision of city council not to go ahead with bringing the waterfall on the High Level Bridge back to life makes me a little

One city councillor had the audacity to say that the waterfall was a "want not a need" and it should not be reactivated. I am surprised the councillor could actually get those words out of his mouth without choking on them, or at least laughing out loud.

Are the Commonwealth Games something we need? Just applying is going to take \$7 million. Is Make Something Edmonton something we need? That is costing us \$1 million. Was the Indy something we needed? That cost us more than \$9 million.

Seems to me this city specializes in going after "wants" and ignoring "needs."

We need better road cleaning in winter. We need to repair our crumbling sidewalks. We need lots of things our civic conquistadors specialize in ignoring.



Terence Harding edmonton@metronews.ca

Maybe the Great Divide Waterfall just wasn't shiny enough to get their attention. Sometimes I think that if we had a

chance to have the Mona Lisa here, the first questions out of the mouths of the philistines on city council would be "What's a little picture of a smirking woman with no eyebrows good for?"

They would have been right at home in the crowd that wanted the Eiffel Tower torn

Another misguided councillor said we didn't need something quirky or kitschy to make us interesting. Oh yeah, we are such an interesting city that we are top of mind around the world when people think of interesting places to live or visit.

His munificence the mayor opined that the waterfall shouldn't be reactivated and reminisced that when it was turned on he had to use his windshield wipers on a sunny day. Gee, that must have been really, really tough on him.

Sometimes I think that if we had a chance to have the Mona Lisa here, the first questions out of the mouths of the philistines on city council would be "What's a little picture of a smirking woman with no evebrows good for?"

Wonder how he would have felt if he had a \$700 repair bill because he hit a pothole at night the way that I did last year. I had no idea he was that sensitive.

Another thing that made me sad was the council's desire to micro-manage the operations of the city. Why on Earth would they spend time debating a speed limit change on Scona Road?

I thought we paid a lot of people who are supposed to be able to make such decisions.

If they can't, get rid of them.

# WE ACT: CANADA DOES GOOD

Ottawa youth worker creates 'ultimate' camp for neighbourhood youth

Who: Fahd Alhattab, 20, youth mentor, from Ottawa What: Co-founded the York Street Ultimate March Break Camp, a one-week experience offered free to children from low-income communities. **Why:** To pay forward the mentorship and support he received while growing up by mentoring youth in his community.

Arriving in Canada from his native Kuwait in 1998, Fahd Alhattab grew up in a low-income Ottawa neighbourhood and turned to his role models at the Boys and Girls Club for hope and inspiration. In 2011, he teamed up with friend Muhammad Zaman to give back to their community by starting a camp for local youth. This year, the pair raised \$14,000 to welcome 60 kids for a week of fun — from science workshops to a field trip to a reptile zoo!

What motivated you and



Muhammad to launch the March break camp in your community?

"We loved our school and the neighbourhood, but as we grew up and started volunteering, we recognized how difficult that neighbourhood is for the current youth population. So we decided to start a March break camp for these kids. We assembled a team of friends and colleagues and started planning. It's a little baby of ours, something we're really proud of. It takes work but it's worth it at the end of

every year."

How do you feel when you see youth participating in your camp experience? "It feels good, it feels warm! For those of us that can be leaders, it's a responsibility. I'm able to fulfill my responsibility to these kids because someone helped my family get out of the socio-economic distress in that neighbourhood. I owe it to the people who helped me and I owe it to the kids that are here." CRAIG AND MARC KIELBURGER

**@speirsr:** 1928: That's the year for

**@PPCSaskatoon:** what year was the year of MC Hammer and hammer pants? I pick that year

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# **Wall Dogs of New York**



ANDREW FIFIELD

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Vocativ spent a day with what they describe as the true mad men (and women) of New York City advertising: the Wall Dogs, intrepid souls who dangle from the sides of the city's buildings to create hand-drawn murals plugging any number of goods and services.

It's a crazy way to make a living at the best of times. But when you factor in all that time spent labouring under polar vortexes and whatnot, what we're getting is a portrait of some deeply talented artists working in conditions that would make most of our knees tremble.



@metropicks asked: A family from Ontario has lived the past year like it was 1986. What year would you go back to?

@dasPongo: I would pick 2015. I am from the future ya know.

@Russell\_Barth: 1935, when #Mariiuana was still legal

**@phil\_cpa:** O come on. I lived through It with cable tv, a desk top 'puter with games. Try going back to

**@Zaedum:** 1985. Hair metal needs to come back.

@StoriesFrom17th: 1997. Name one thing that happened in 97. Exactly.

me. Hot Dance jazz, speakeasies and vaudeville. I could wear spatterdash-



President Bill McDonald • Vice-President & Group Publisher, Metro Western Canada Steve Shrout • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Edi

# Every Object Has A Story

**By.** The Royal Ontario Museum

iBooks

\_\_\_\_



MIND THE APP Kris Abel @RealKrisAbel

Here we have 21 museum artifacts artistically interpreted through creative photography and an anthology of short stories by notable authors including Charlotte Gray, Wayson Choy, and Robert Bateman. Although entertaining, somehow the objects themselves have become obscured by the process and it's hard to know what you're looking at. What's missing is the interactive intimacy that an ebook should deliver.

# Box office

# Captain America beats back Rio 2

With \$41.4 million in its second week of release, Captain America: The Winter Soldier held off Rio 2 at the weekend box office. According to studio estimates Sunday, the Marvel superhero narrowly bested the animated family film. Rio 2 debuted with \$39 million, THE ASSOCIATED PRESS

# Relationships can be bloody difficult

# **Only Lovers Left Alive.**

Tom Hiddleston talks about starring in a post-Twilight saga vampire love story



EHRBAR
Metro World News in Hollywood

With Only Lovers Left Alive, British actor Tom Hiddleston teams up with Tilda Swinton and director Jim Jarmusch to wrestle the vampire genre back from the Twilight crowd, with Hiddleston and Swinton starring as two moody, music-obsessed bloodsuckers who can't live without each other.

# Was there any hesitation about stepping into the vampire world?

Absolutely none. It was amazing. I met Jim Jarmusch in November 2011, and I'd just finished shooting Avengers, and I was in New York for War Horse, which was just opening, and I was about to shoot the Shakespeare plays for PBS. So there (were) superheroes and soldiers and Shakespeare, and I met Jim and he said, "I'm going to make a film about love, and it's about two very delicate, sophisticated creatures who love music and poetry and nature. He's a kind of rock star musician who's also a kind of scientist and physicist, and she's a poet. Oh, and by the way, they're vampires (laughs)."



The vampire theme was really a framing for Jim to attempt a narrative about this theme of love, acceptance, time, creativity and mortality.

# When you first watched the film with an audience, were you surprised people found it so funny?

It was really pleasing, actually, because we wanted there to be levity and lightness in it, and humour, but not in a way that seemed to be overreaching. We didn't want to seem like we were pandering to the audience in bad taste, which would

# Swinton or Hemsworth?

We asked Hiddleston if he had to choose between looking at Tilda Swinton or Chris Hemsworth all day, who would he choose. "The dance is different, but I love dancing with both of them," he said laughing.

dilute the integrity of the attempt. And the attempt was really to make something very delicate and sophisticated and refined about love and acceptance and time and art and music and poetry. These are big themes, and we didn't want to seem heavy-handed. Jim wanted to be very light on his feet. So hearing the laughter is thrilling, truly, because when you're delivering deadpan stuff about the literature of the world, you want people to get it.

### I loved that John Hurt plays Christopher Marlowe.

Yeah, it's a lovely joke that Christopher Marlowe is still alive and well, living in Tangier with a portrait of Shakespeare on his wall with a knife through (his)



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metronews.ca Monday. April 14. SCENE

# Some Love Letters from England

**Metronomy.** English electro-pop band's new album is being hailed as a 'breakthrough'

### RICHARD PECKETT

Metro World News in London

"Why is everyone imagining there's something wrong with me?" queries Joseph Mount, singer for English electro-pop band Metronomy.

People think he's in relationship meltdown, thanks to a few lovesick songs from the maestro's latest album. He's not, and the simpering is as welcome as that insincere offer of "If you ever want to talk about it, you know I'm here."

In truth, the 31-year-old auteur has every reason to be as euphoric as the Love Letters title track's chorus thanks to strong sales. Mount and his bandmates — Gbenga Adelekan (bass guitar), Anna Prior (drums) and

Oscar Cash (guitar) — have once again had a change of tune for their fourth studio album, taking their retroinfused record back to the sound of the '60s.

Love Letters is being referred to as a 'break-through.' Does that add pressure on you to perform?

Funnily enough, it does in a way. It doesn't add pressure on me but it does make the situation a bit more pressurized. It's already got to number 7 in the [British] charts and it's selling really well. If breakthrough means we're going to get played on BBC Radio 1, then I don't think it's going to be a breakthrough record. But you do get closer to holding the badge of being known as an English band. Each record we're getting closer to being part of the establishment.

# Is it important to keep that Englishness at the core of your music?

The more I experience American attitudes toward English

### Quoted

"I don't think it's going to be a breakthrough record. But you do get closer to holding to badge of being known as an English band."

Metronomy singer Joseph Mount

music, the more I want it to be English.

Americans lap up the accent and our quaint culture.

[Chuckles] Well, yeah. But then some English music seems such an alien thing to them.

# Your album's called Love Letters, so have you ever sent one?

I have. Well, they were probably never sent but I did used to write nice affectionate letters to girlfriends.

# Were they handwritten letters?

Of course, yeah.











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metronews.ca Monday, April 14, 2014 DISH



# Are RPatz and KStew eternal partners?

While fans were shocked to learn of Kristen Stewart's 2012 affair with director Rupert Sanders, then-boyfriend Robert Pattinson probably wasn't that surprised, according to Radar Online. "When they were officially dating, they always had a policy of 100 per cent honesty, which did create issues. Robert was always very frank about his flings with other women, and that worked for Kristen, too," a source says. "They had an open relationship, and it's amazing that Kristen didn't reveal this info when she was being painted as a 'Jezebel.' Rob has had other women on

the side and Kristen has had other women and men as well. Their relationship was always a business and a spiritual partnership more than a romantic one." And, the source adds, the couple's breakup was equally as matter-of-fact: "They were pretty upfront with each other when they got sick and tired of each other. It was the strangest relationship, but keeping each other at arm's length is working in their favour," the source explains. "Kristen and Rob are still close and definitely in contact, and they still sleep together when the opportunity comes up."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

# The Word

# Whowill take up the truthiness torch?

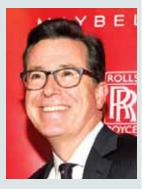
**MELINDA** TAUB

World News in New York

"I gotta tell you, I do not envy whoever they try to put in that chair. Folks, those are some huge shoes to fill and some really big pants," Stephen Colbert said last night of David Letterman's retirement. He was, as is his wont, joking, of course; Colbert himself will inherit The Late Show from Letterman in 2015, becoming its second-ever host. But his quip raises a question: Who will replace Colbert, now that The Colbert Report is ending?

Comedy Central hasn't made any announcements – understandable, since the gap in their schedule is still almost a year away. But all these late-night musical chairs have whetted my appetite for more speculation. Here are a few worthy replacements for that plum 11:30 p.m. slot.

Samantha Bee: The Colbert Report was a rousing success for almost 10 years. Since spinning off a performer from The Daily Show worked once, why not try it again? Bee is hilarious and she's been on The Daily Show forever. She and her husband,



fellow correspondent Jason Jones, could do a his-and-hers talk show.

Craig Ferguson: Since Ferguson was passed over for the Late Show throne in favour of Colbert, speculation is rampant that he'll depart CBS when his contract is up next year. Maybe he and Colbert can play musical talk shows and Ferguson can slide into Colbert's old slot. A smaller cable audience might be a better fit for him anyway: He's always had a weird take on the hosting gig. His sidekick is a skeleton

Chris Gethard: The Chris Gethard Show is a cult favourite public access show that recently taped a pilot for Comedy Central. The strange, go-for-broke show features live calls from fans, a cast of recurring characters like The Human Fish and, occasionally, peril for the host, who's prone to do things like sit in a vat of ice cream for hours and get freezer burn on his



# Not so Pitt-ure perfect behind closed doors

Angelina Jolie and Brad Pitt may project an air of effortless domestic bliss, but a few catty sources are more than happy to dispel that myth, telling Star magazine that everything behind the scenes is not as it seems. First of all, there's Jolie's "very controlling ways' when it comes to public image. "Angie controls her press and image with an iron fist. She likes to project this kind of hippie, Audrey Hepburn thing, where she flies around the world doing all the selfless stuff, but it's all orchestrated," the source says, adding that the actress and humanitarian

"is very controlling of Brad and his press, his wardrobe – everything. He does what she says, but in private he likes to smoke cigarettes and marijuana. He's a huge stoner." But one thing Jolie apparently can't control? The couple's six kids. "Those children are wild. There's constant screaming at all times of the day and night and they are extremely messy. You will find food, empty McDonald's wrappers, candy wrappers, piles of toys and clothes, even dead bugs all over the house," another source says. "It's disgusting, but Brad and Angie think it's great.



I've had a rough couple of months. I need to pamper myself. I'm going to the Hermes store for some retail therapy.



@KellvOsbourne

@ParisHilton please grow up there is no need to act like a child you could of happily joined us! it's not 2005 no one cares!



My 5-year-old daughter: "Why do they call it boxing when they don't throw boxes at each other?"

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# Kids need money to learn

Allowances. The best way to teach children about money is to give them their own dough to manage



GAIL VAZ-OXLADE Gail blogs daily at

Before children can learn to manage money well, they first need to be able to get their sticky little fingers on the stuff. Most people have no problem with that concept. But when it comes to what you should require of your children in exchange for that allowance, the debate rages. Some people feel an allowance should have no strings attached. Others think it should be tied to chores in the home, school grades or behaviour: "If you don't smarten up, I'll cut off your allowance!"

Just as the allowance debate is strongly pro and con on the idea of attaching strings, so too is the debate about whether or not kids should work for their money. Some parents feel that school is a child's job, and any other work detracts from potential success at school. Others think that a part-time job is perfectly fine, while still others believe that a part-time job is essential because it begins the development of a good work ethic.

From early on, children receive mixed messages about money. At home they hear one thing, at school and among



their peers, another. Mom does it one way; Dad is the complete opposite. What is consistent is that nobody seems able to agree on the money rules. And often those mixed messages stay with kids long after your parental influence has passed.

I'm of the school that believes that allowances should come strings-free and that it's perfectly fine for children to get a part-time job to supplement their allowance — not to replace it — when they get

Think about why you're giving your kid an allowance. The objective should be to teach him money-management skills.

### Let the steady flow of funds begin

To learn how to manage money responsibly, children need a steady flow of funds they can rely on.

 The experience of handling a weekly allowance will

The fact that you work hard for your money will be brought home when your child learns relative value — how many hours he has to work to afford that pair of running shoes.

Money doesn't work as a reward for good behaviour. Just

skills, including how to manage a cash flow, how to plan ahead, the skill of setting goals (both shortand long-term) and how to save to satisfy a goal.

teach many fundamental

ask any of the management theorists who have proven that money is not a motivator for adults. So why should it be for children? Good behaviour is based on an understanding of right and wrong, thoughtfulness, caring and consideration, along with myriad other positive attributes, all of which have to be internalized.

Good grades are your child's responsibility. School is his primary job and good grades are an indication that he is doing his job well. If you provide financial reward for good grades, you are externalizing the reward. Instead, the reward should be internalized: The self-esteem and pride that accompanies having done well.

As for an allowance being payment for chores, who pays you to do the chores in your home? Chores are a part of each individual's responsibility to the family. Payment for regular chores negates a child's individual responsibility as a member of the family unit. (Payment for extra household tasks — those above and beyond a child's normal chores — is fine when they are specifically doing the task to earn some money.)

Whatever your own experiences with money as a child, try to put them aside as you begin to teach your children how money works and the role it should play in their lives. To ensure money is not imbued with meanings it should have, don't tie things like self-esteem, power or love to money. Stay balanced when you talk about it. And, above all, figure out what message you want your children to get from your money lessons. For, like it or not, they are learning from you. What lesson would you like your child to learn today?

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# The heroes of Pixar aren't all animated

# One colourful career.

Ed Catmull's recipe for success will sound familiar to Pixar fans

JANE BORDEN

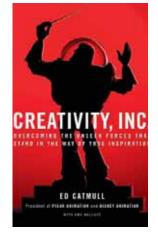
### The Man

Pixar's story is a little like those in its films: Some kids with moxie who did things differently took a risk and won over the world. And, just like in a fairy tale, Pixar's story has a hero.

The current president of both Walt Disney Animation Studios and Pixar Animation Studios, Ed Catmull, came to movies by way of science.

He garnered degrees in physics and computer science from the University of Utah.

And his groundbreaking work in computer animation, while there, attracted the attention of the New York Institute of Technology, which hired him to lead its new Computer



Graphics Lab in 1974.

From there, in 1979, George Lucas brought in Catmull to lead Lucasfilm's computer graphics division, which, in 1986, was purchased by Steve Jobs and renamed Pixar.

The rest, as they say, is history.

But it might not have been, if not for Catmull and his cofounders' forwardthinking managerial style and approaches toward growing a business.

### The Message

With the help of journalist Amy Wallace, Catmull has distilled his working ethos into an engaging book, Creativity, Inc., which was published by Random House on April 8, that is part memoir, part storytelling, and part business guide.

Pixar fans will enjoy behind-the-scenes stories and trivia (Monsters, Inc. was originally about a grown man dealing with frightening creatures no one else can see); business leaders will glean not just information but motivation, too (see sidebar).

Catmull's secret to success seems to be an unwavering dedication to looking for unknowns and dealing with what he finds.

He focuses on preparing himself and his team to deal with unseen challenges when they're found, rather than trying to prevent them, or worse, pretend they aren't there.

Being unafraid of challenges and working co-operatively first and foremost are things that Catmull believes will make businesses better.

# Each of Pixar's 14 computer-animated films, created with Ed Catmull at the helm, has opened at number one. Together they've grossed \$8.5 billion worldwide. GETTY IMAGES



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# Catmull's career tips

- "If there are people in your organization who feel they are not free to suggest ideas, you lose. Do not discount ideas from unexpected sources."
- "There are many valid reasons why people aren't candid with one another in a work environment. Your job is to search for those reasons and then address them."
- "Do not fall for the illusion that by preventing errors, you won't have errors to fix. The truth is, the cost of preventing errors is often far greater than the cost of fixing them."
- "Change and uncertainty are part of life.
   Our job is not to resist them but to build
   the capability to recover when unexpected events occur."
- "Similarly, it is not the manager's job to prevent risks. It is the manager's job to make it safe to take them."

- "Failure isn't a necessary evil. In fact, it isn't evil at all. It is a necessary consequence of doing something new."
- "Trust doesn't mean that you trust that someone won't screw up — it means you trust them even when they do screwup."
- "A company's communication structure should not mirror it's organizational structure. Everybody should be able to talk to anybody."
- "Do not accidentally make stability a goal. Balance is more important than stability."
- "Don't confuse the process with the goal.
   Working on our processes to make them
   better, easier, and more efficient is an
   indispensable activity and something we
   should continually work on—but it is not
   the goal. Making the product great is the
   goal."



metr⊕ 18 LIFE metronews.ca Monday, April 14, 2014

# I've gotten up and I can't get back down!



The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

Training for the Gobi, I needed to find ways to spend more time on my legs to replicate an average day in the desert. Once in the desert, I would be running for five to eight hours in soft sand each day, as opposed to three to five hours on pavement.

# Get up, stand up

My energy level increased and consequently so did the intentionality and quality of my conversations.

The first steps were simple. I sold my vehicle and stopped taking elevators. And then the big idea came: work standing up. Over the course of a month, I transitioned 20 years of sitting habits into a new routine of working while standing. Here's why and how it can benefit you, too.

Standing eight or more hours a day strengthened my legs and back for the race, and for other activities. And then the following unexpectedly occurred:

1) Standing and walking while at the office helped me lose 30 pounds in three months, "free burning" up to 25 per cent more calories per day (free because it doesn't feel like exercise).

2) Having an open-door policy, more than 30 unplanned meetings occur in my office daily. Without a chair to sit on, these now "stand-up meetings" became very expedient: Everyone got to the point faster, giving me newfound time to focus on other priorities.

3) Live or on the phone with a headset, moving around allowed me to engage my arms and body in my conversations. My energy level increased and consequently so did the intentionality and quality of my conversations.

Some of life's gifts come from being forced to change ingrained habits. Being overburdened like most of you meant I needed to go about my training more creatively. As a result, my training's most precious gift is that I haven't sat since. Walking is a perfect way towards a healthy lifestyle — try it for yourself and let me know how it goes.

STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER



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# **Corporation studies** how people work.

**Employees** complete thorough survey every year, as leaders hope to discover the key to company success

Google is hoping a centurylong study will help unlock the key to happier, healthier and high-performing workers — and researchers say it's something all businesses could easily mimic and benefit from.

Google's been collecting the "gDNA" for two years now, wrote Laszlo Bock, senior vice president of people operations, in a blog explaining the study for the Harvard Business Review.

More than 4,000 employees complete two anonymous, in-depth surveys per year, answering questions about work attitudes, culture, relationships and

Employees can opt out at any time and are encouraged to continue to fill out the surveys, should they wish, if they leave the com-

The focus is on the science behind how people work, Bock wrote, inspired by the Framingham Heart Study, which has been ongoing since 1948, providing a wealth of data and insight about heart disease.

The goal is to then take the science and make work better, Jennifer Kurkoski,



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a Google research scientist and member of Bock's team, told the Star.

"Work is an activity that occupies a large portion of our waking hours," Kurkoski said. "How can we make this an amazing experience for as many people as possible? Work doesn't

have to suck. What can we learn about how to match people with jobs and teams that can help people find satisfaction in the work



"Work doesn't have to suck. What can we learn about how to match people with jobs and teams ... that can help people find satisfaction in the work that they do and the hours they spend in the office?"

Jennifer Kurkoski

Google research scientist

that they do and the hours they spend in the office?"

Kevin Kelloway, a Canada research chair in occupational health psychology, said studies like this are necessary, even though the time frame is "a little ambitious.'

"Frankly, even if they can carry that out for four or five years, we'll learn a lot," Kelloway said, since past studies - while highlighting the importance of work-life balance — have been smaller in comparison, like "a snapshot."

"The Google study ... if they can sustain participation in it, is more like a movie," he said.

Getting businesses and people to understand the harm in working even when you're not up for it "is absolutely critical to people's health and engagement,' said Laura Hambley, a Calgary-based industrial/organizational psychologist.

"People kind of live in the here and now, they're living with their own deadlines and anxieties and they're not really thinking of what are the longer-term repercussions of working 60 hours a week," Hambley

"Any time you can get longitudinal data and track the changes over time and especially the results that's where you'll see a lot of impact."

It's also something almost every business across Canada could do with little effort, Kelloway said.

"They all do employee engagement surveys," said. "The only thing that Google's doing different really is tracking it across time.

TORSTAR NEWS SERVICE

Two years in, Google has been able to differentiate between two types of employees: segmentors and integrators.

- Segmentors, which make up 31 per cent of surveyed employees, are able to distinguish between work-related stress and the rest of their lives, Bock
- The other 69 per cent are integrators, he explained, and struggle to separate home and work, finding themselves not only checking their email after work, "but pressing refresh on Gmail again and again to see if new work

has come in."

- That in itself is not revolutionary, Kelloway said, since previous studies about work and family have shown men tend to fall in the segmentor category, while women are more integrators.
- But by tracking for longer, Kelloway said Google will be able to see if people shift from their categories overtime: "is that a situational thing? Is that something being foisted on people or is that who they actually are?"

metr⊕

# Sweet, simple maple and pecan tilapia will make for a delightful Passover dish



ROSE REISMAN osereisman.com or follow her on twitte

For Passover, this is a perfect entrée whereby all the ingredients are kosher for the holiday. Keep in mind the only nuts not allowed are peanuts and sesame seeds. The pecans, honey and maple syrup simmer together until the sauce becomes syrupy and thick.

Immediately pour half the sauce over the fish while it's still warm.

To prevent the sauce from sticking, use parchment paper on your baking sheet. If the sauce becomes too thick to pour, gently re-



From your fridge to your table in 30 minutes or less



heat. Tilapia is one of the leanest fish with only 129 calories and 2 1/2 grams of

Pecans contain vitamin E, which is a natural antioxidant that helps protect against cell damage and

fights Alzheimer's, Parkinson's, cancer and heart disease. They are also a naturally good source of protein.

food thermometer when cooking fish. Place the prong into the thickest part of the fish, and when the temperature reaches 125°F the fish is medium-cooked. The fish continues cooking for at least 5 minutes after this time, so you don't want to overcook the fish or it will be dry.

### **Directions**

- 1. Heat the oven to 425°F. Spray a nonstick baking pan with cooking oil or line with parchment paper.
- 2. Place the pecans in a small, nonstick frying pan and toast over medium-high heat for 3 minutes or until golden and fragrant. Stir in the honey, maple syrup and butter. Reduce the heat to low and cook for 3 minutes or until slightly thickened. Pour half the sauce over the tilapia on the baking pan.

- 3 tbsp finely chopped pecans
- 3 tbsp liquid honey
- 2 tbsp maple syrup
- 2 tsp butter or margarine
- Four 6 oz portions tilapia (1 1/2 lbs)
- Garnish
- 3 tbsp fresh parsley

# Restrictions

The following recipes may not meet all Jewish dietary restrictions.

- **3.** Bake the tilapia, cooking for 10 minutes per inch thickness of the fish or until the fish flakes easily when pierced with a fork.
- Reheat the remaining sauce and serve with fish. Garnish with parsley. THE BEST OF ROSE REISMAN (WHITE-CAP BOOKS) BY ROSE REISMAN

# This chocolate layer cake is a real treat

Passover desserts are usually terribly high in fat and calories, due to the excessive use of eggs, oil and nuts. Not this one! I adore this cake all year round, but it's a special treat at Passover, with its fluffy and creamy meringue topping.

Don't confuse matzo cake meal with matzo meal. Cake meal is finer and produces a

more tender cake. The light and fluffy meringue topping is delicious on other cakes,

Cocoa is chocolate without the cocoa butter, which contains the fat and choles-

One ounce of chocolate has 9 g of fat. One ounce of cocoa has 3 g.

**1.** Cake: Preheat oven to 350°F. Spray two 8-inch round cake pans with vegetable spray.

2. In bowl, using a whisk or electric mixer, beat egg yolks, 2/3 cup sugar, and oil. With wooden spoon, stir in yogurt, cocoa, cake meal, and potato starch until combined.

Gently fold in remaining egg whites just until blended. Divide batter between prepared cake pans. **4.** Bake in the centre of oven

3. In another bowl, beat 4 egg

whites until foamy. Gradually

add 1/3 cup sugar, beating until

stiff peaks form. Stir one quar-

ter of egg whites into batter.

- 15 20 minutes or until tester inserted in the centre comes out clean. Let the pans cool on a wire rack.
- **5.** Make icing: In top of double boiler over simmering water, combine 3 egg whites, 3/4 cup sugar, and water. With electric mixer, beat for 8 minutes or until mixture is thickened and soft peaks form. Remove the

pan from heat; beat for 1 to 2 minutes or until stiff peaks

**6.** Place one cake layer on cake platter. Spread some icing over top. Place second cake layer on top of the first. Ice the top and sides.

7. Garnish: Melt chocolate and oil in microwave 30 seconds on medium-high, or just until chocolate begins to melt. Whisk until smooth, drizzle over top of

DIVINE INDULGENCES (PRENTICE HALL CANADA) BY: ROSE REISMAN

### Ingredients

• 2 large egg yolks

powder

- 2/3 cup granulated sugar
- 1/3 cup vegetable oil • 2/3 cup low-fat yogurt
- 1/3 cup unsweetened cocoa
- 3 large egg whites

### • 1/3 cup matzo cake meal • 2 tbsp potato starch

• 4 large egg whites • 1/3 cup granulated sugar

• 1 oz semi sweet chocolate chips • 1 tsp vegetable oil

• 3/4 cup granulated sugar

1/4 cup water



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SPORTS 21

# Bye-bye, Brodeur?

# Devils goalie emotional after season-ending win

Standing on the podium after what might have been the final game of his record-setting 20-year career with the New Jersey Devils, Martin Brodeur's eyes welled with tears when he was asked to describe his emotions.

Just 15 minutes earlier, after making 16 saves in a season-ending 3-2 win over Boston on Sunday, the soon-to-be-42-year-old goalie stood at centre ice and gave a stick salute to the crowd as his teammates stood in front of the bench and tapped their sticks to honour him.

As he was interviewed, the sellout crowd chanted: "Thank you, Marty! Thank you, Marty!" THE ASSOCIATED PRESS

# Hospitalized

# Daniel Sedin stretchered office

Vancouver Canucks forward Daniel Sedin was taken off the ice on a stretcher late in the second period of Sunday night's 5-1 win over the Calgary Flames after taking a hit from behind.

Sedin crumpled to the ice after getting hit in the numbers by Calgary's Paul Byron in the Vancouver zone with 2:44 left in the period.

The Canucks said Sedin, who had scored twice earlier in the game, was taken in stable condition to Vancouver General Hospital to undergo further evaluation. He exhibited signs of movement to his extremities.

THE CANADIAN PRESS



Dilers Jeff Petry, left, and Taylor Hall battle the Canucks' Nicklas Jensen for puck possession at Rexall Place on Saturday night. Derek Leung/GETTY IMAGE:

# Oilers feel close to a breakthrough

NHL. Despite missing playoffs for 8th straight year, players believe team is on right track

The disaster that was the 2013-14 NHL season mercifully ended for the Edmonton Oilers on Saturday night, and on Sunday morning the players couldn't wait to do their exit interviews and get out of the rink.

A team that went into the season with high hopes — as the Oilers have done each of the last several years — ended it

by missing the playoffs for the eighth straight year, finishing last in the Western Conference. Their 67 points — from a record of 29-44-9 — left them third last in the entire NHL, ahead of only Buffalo and Florida.

The year was, the players unanimously agreed, frustrating and disappointing. But as they have since early November when their playoff hopes had already faded after a 4-15-2 start, the players remained adamant the team is on the right track.

"I can honestly say I'm heading into next year with a lot of optimism not only individually,

### Quotec

"You could point fingers at a lot of things but in the end it's the players in the room who have to execute." Forward David Perron

but as a team," said Taylor Hall, who led the team in scoring with 80 points in 75 games. "There have been times when I've laid awake at night wondering, 'When is this going to stop?' But there have been signs I haven't seen in years past ...

even though our record since mid-January was about .500 or just below it was just how we battled at times."

Third-year centre Ryan Nugent-Hopkins, who had 54 points in 80 games, stated the obvious when he said they can't afford another start like they had this year.

"But I think the last half of the season, at least the last month, month and a half, I think we've been playing some really good hockey. For sure we've shown some signs of what we can do so there are positives there."

THE CANADIAN PRESS

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# Bubba bursts rookies' bubbles



Adam Scott presents Bubba Watson with the green jacket after Watson won the 2014 Masters Tournament by a three-stroke margin at Augusta National Golf Club on Sunday in Augusta, Ga. It was Watson's second time winning the Masters after earning his first green jacket two years ago. Scan the above image with the Metro News app to see how he collected this time around a proposed section.

The Masters. Watson holds off first-time Augusta competitors Spieth, Blixt for his second green jacket

Bubba Watson's second Masters title was nothing like the green jacket he won two years ago.

The only daring shot Watson hit was one he really didn't need. The wild swing in momentum came on the front nine, not the back nine of Augusta National. And the sweetest difference of all Sunday was seeing his two-year-old son walk toward him on the edge of the 18th green after his three-shot victory over Jordan Spieth

Watson turned in another masterpiece and joined an elusive group as the 17th player to win the Masters more than once.

He turned a two-shot deficit into a two-shot lead on the final two holes of the front nine, then kept Spieth, 20, and everyone else at safe distance the rest of the way. Watson closed with a 3-under 69 to beat a pair of Masters rookies in Spieth and Jonas Blixt of Sweden.

Two years ago, when he hit that wild hook out of the trees on the 10th hole to win in a playoff, his wife and newly adopted son were watching at home in Florida. This time, young Caleb was decked out in a green-and-white striped Masters shirt and green tennis shoes as he waddled over to his father.

"This one's a lot different," Watson said. "The first one, for me, it was almost like I lucked into it."

After high-fiving the crowd on his way to sign his card, Watson returned to Butler Cabin to take back that green jacket he slipped on Adam Scott a year ago.

"After giving it away last year, I wanted it back," Watson said. "I told Adam we could just swap it back and forth every year."

Spieth, trying to become the youngest Masters champion,

could only watch from the side of the green.

He dazzled the massive crowd early by holing out for birdie from the front bunker on No. 4, and making back-to-back birdies to build a two-shot lead through seven holes. Bidding to become the first player in 35 years to win a green jacket in his first try, Spieth looked to be well on his way.

But he three-putted for bogey on No. 8 — his first 6 on his card all week — as Watson got up-and-down for birdie to tie for the lead.

Spieth closed with six pars for a 72 and tied for second with Blixt, who never went away but never really threatened. Blixt shot a 71.

THE ASSOCIATED PRESS

### Multi-time champ

17

By winning the Masters on Sunday, Bubba Watson became the 17th player to have more than one win at Augusta under his helt



# ↑ Aries

March 21 - April 20 You may not be in control of what happens today but you can control the way you react to it. The more colleagues and loved ones mess you around the more you must strive to not let it get to you.

# **Taurus**

April 21 - May 21 You may have your suspicions about someone but the planets warn this is probably not the right time to go public with them. You should keep your thoughts to yourself, at least for the time being.

# II Gemini

May 22 - June 21 Be careful with your cash because wealth planet Pluto begins one of its retrograde phases today. What does that mean in plain language? It means you could easily make a costly mistake.

# **9** Cancer

June 22 - July 23 Do as you please over the next 24 hours and don't worry too much about the consequences. A day or two from now everyone will be on your side again, so why worry?

# $\Omega$ Leo

July 24 - Aug. 23 Don't try too hard to stay on top of your workload today. The deadlines you have set yourself are unnecessary — no one will think less of you if you fail to meet them.

# **W** Virgo

Aug. 24 - Sept. 23 The message of the stars this week is you must not start anything you may not be able to finish. Don't make promises you may not be able to keep. If you don't aim so high you'll look good when you do more.

# 📤 Libra

Sept. 24 - Oct. 23 Disruption of one sort or another is inevitable today. Whatever happens, keep telling yourself it's not as bad as it seems and promise yourself that you will keep vour emotions in check.

# **M** Scorpio

Oct. 24 - Nov. 22 This is not a good time to make hasty decisions, not with Pluto, your ruler, beginning one of its retrograde phases. What seems like a good idea today may turn out to be the one thing you should have avoided, so take care.

# **プ Sagittarius**

Nov. 23 - Dec. 21 There will be times over the next few days when you seem out of your depth but that is not an excuse to give up. If you do you will likely regret it as the planets bring new self-belief and new opportunities.

# **O** Capricorn

**Dec. 22 - Jan. 20** Pluto, planet of power, turns retrograde in your sign today, which among other things suggests that your grip on certain situations may not be as strong as you thought.

# ≫ Aquarius

Jan. 21 - Feb. 19 Be careful what you decide today because once you have made up your mind about something the planets won't let you change back again.

# **⊢** Pisces

Feb. 20 - March 20 No matter how self-reliant a Pisces you may be you must make an effort to work hand-in-hand with other people over the next few days. You will create a lot of useful goodwill. SALLY BROMPTON

# Crossword: Canada Across and Down

17

20

22

38

43

48

### Across

- 1. Greatest extent 5. Things saved for tax purposes, for short 9. Composed 14. Lab gel
- 15. Zest 16. Board, like Paul Simon's bus rider Gus: 2 wds.
- 17. Vancouver-born star of the 1976 to 1983 series at #39-Down: 2 wds. 19. "Melrose Place"
- star Rob 20. The (Novel by Carol Shields which won the
- Governor General's Award in 1993) 22. Crowd
- 23. Dog breed, Nova Scotia Duck-Retriever
- 27. Jeff \_\_ (Montrealborn philanthropist/ entrepreneur who was eBay's first President)
- 31. Capital city of Niger 32. Corporate execu-
- tives, e.g. 35. Irish writer's sur-
- name, b.1865 d.1939 37. Embark
- 38. Basra's country 40. Pastas alternatives
- 42. Bygone bird
- 43. Persist
- 45. Arrives 47. '\_' \_\_ for Ottawa

# 62 63

- 48. More blood-andguts-ish 50. Fragrant flower
- 52. Speaks frankly: 2 wds.
- 54. Style 58. In 2011, this city was hit hard by an earthquake. Today,
- it's a stop on Prince William and Kate's royal tour of New Zealand.

40

45

65

67

44

- 62. President between Clinton and Obama ...nicknamed 65. Hamilton nickname: 2 wds.
- 66. Make hair wavy 67. Eke \_\_\_ living 68. Languish

19

42

46

23

- 69. One being quoted 70. Geek 71. Pre-plant form
- **Down** 1. Overly tough \_\_ the gym
- three times a week..." 3. Toil, States-spelling 4. They're hot

25

- 5. Taken back [abbr.] 6. Nero's 152
- 7. "Bye!" 8. Huff
- 9. Pop a , as per stunt bike riding

# See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

- 10. BC: West Kootenay city in The Rockies
- 11. Check a box
- 12. Foot part
- 13. Nav. rank
- 18. Strongly smelly
- 21. Particle
- 24. Right Said Fred's "\_\_\_\_ Sexy"
  25. "\_\_\_ say more?"
- 26. Greek sandwiches
- with tzatziki sauce 28. Poet's 'atop'
- 29. Secular
- 30. Mil. rank, 32. Horoscope sign
- 33. Ahead-of-surgery,
- hip-style 34. "\_\_ b \_ bleu!"
- 36. Half
- 39. Jack Klugman's medical examiner
- role show, "\_\_, \_..."
  41. Quebec seasoning
- 44. Change form
- 46. Mr. Baron Cohen
- 49. Sci-Fi play
- 51. Bunches
- 53. Mountaineer's
- spike . 55. "The Lone Ran-
- ger" (2013) name
- 56. Movies: stealer 57. Rip
- 59. Andrew or
- Elisabeth
- 60. 'Four'-meaning
- prefix 61. Avril's rocker
- hubby
- 62. Gladiator's 700 63. Mr. Geller
- 64. Smidgen

Friday's Crossword

A	5	5	Ť		В	Å	L	°r	148	۱,5	ď	'n	"1	3
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# Sudoku

# How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku

Step into the World of 3D Design

9	8	6	3	4	7	1	5	2
5	1	2	ė	8	9	3	4	7
3	4	7	1	5	2	6	9	8
4	6	Đ.	8	9	1	2	7	3
t	7	9	5	2	3	4	5	0
2	3	8	4	7	6	5	1	9
7	9	1	2	3	4	a	6	5
8	2	4	7	6	5	9	3	1
6	5	3	9	1	8	7	2	4

1		6				8		4
	4	9	5		1	3	6	
5								2
			8		2			
	6			5			1	
			9		6			
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8		3				7		1

TODAY

MAX: 10

MIN: -5°

:<u>%</u>:

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MAX: 0

MAX: 1



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